

Polygalacic acid inhibits MMPs expression and osteoarthritis via Wnt/ β -catenin and MAPK signal pathways suppression

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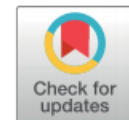
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Polygalacic acid inhibits MMPs expression and osteoarthritis via Wnt/ β -catenin and MAPK signal pathways suppression

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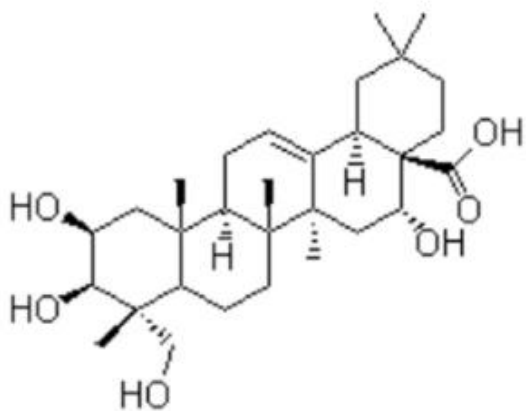
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Introduction

远志（学名： *Polygala tenuifolia* Willd），又名萆绕、蕨菟等。产东北、华北、西北和华中以及四川；多年生草本，主根粗壮，韧皮部肉质。具有安神益智、祛痰、消肿的功能，用于心肾不交引起的失眠多梦、健忘惊悸，神志恍惚，[咳痰](#)不爽，[疮疡](#)肿毒，乳房肿痛。

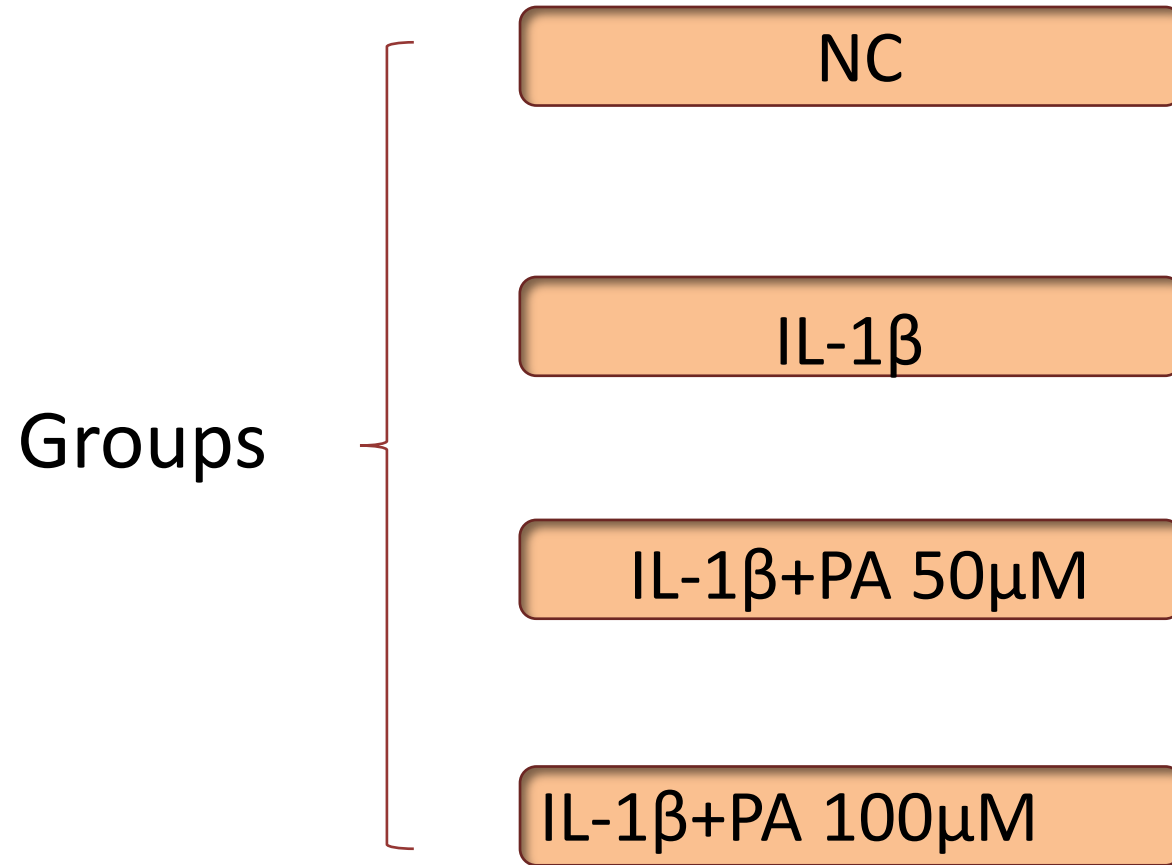
A



Introduction

Polygalacic acid, is a triterpene, isolated from the root of *Polygala tenuifolia* Willd. However, nothing has been reported about polygalacic acid in osteoarthritis so far. In the present study, we have examined the inhibitory effects of polygalacic acid on OA and have investigated the potential mechanisms involved.

Cell culture experiments: 6-week-old SD rats' hip joints



Experimental animals

SD rats at 6 weeks of age (200–250 g) were used.

OA model : DMM

Groups

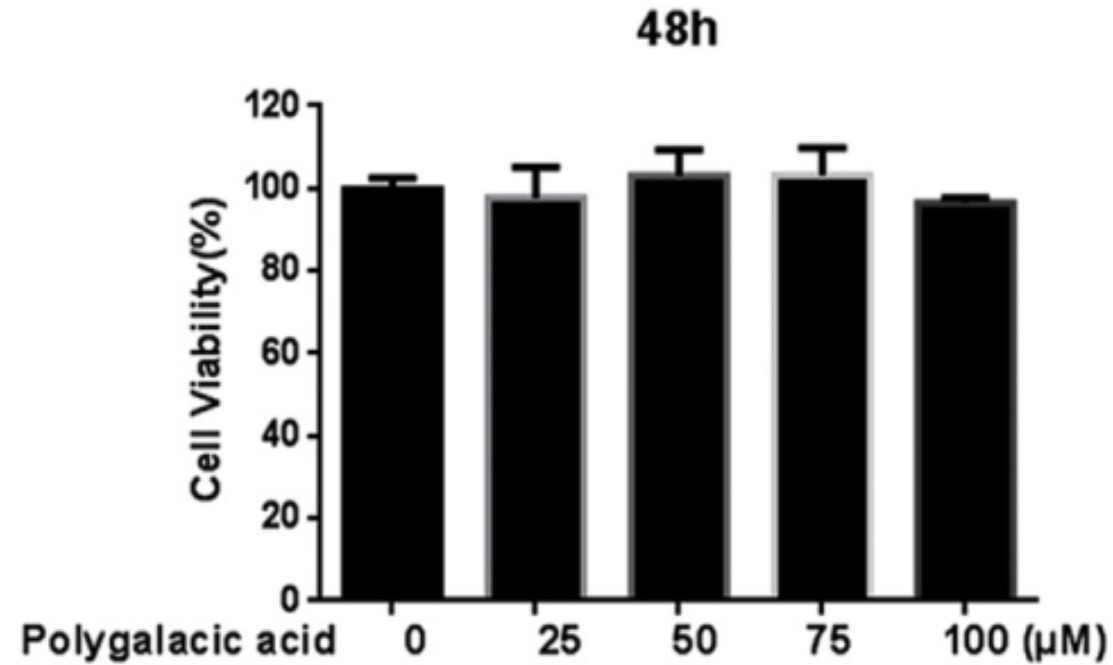
NC

OA

PA

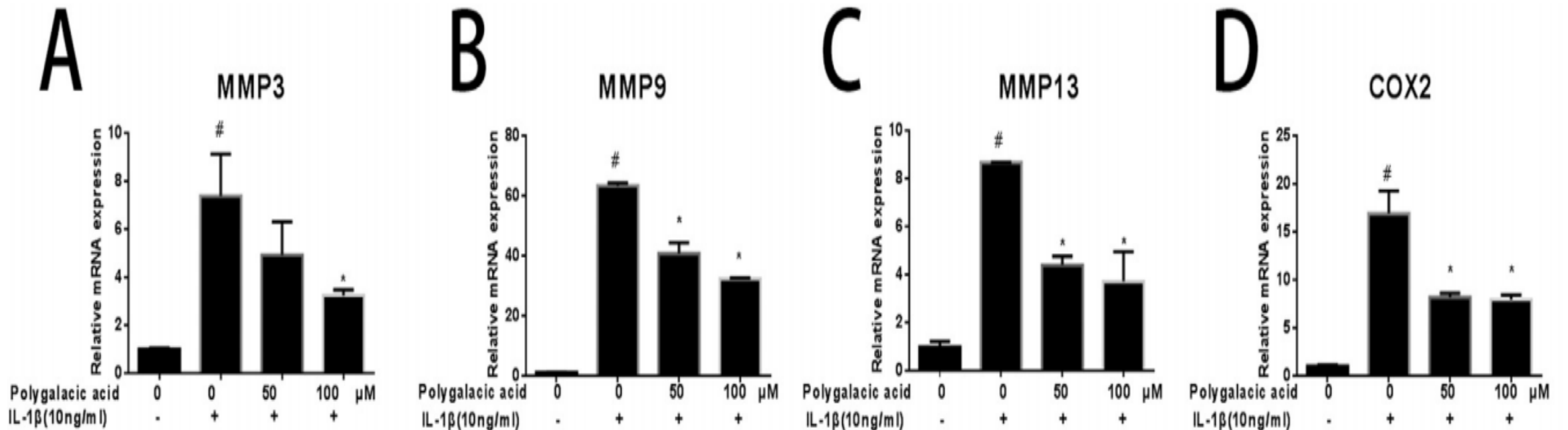
results

Effects of polygalacic acid on chondrocyte viability



results

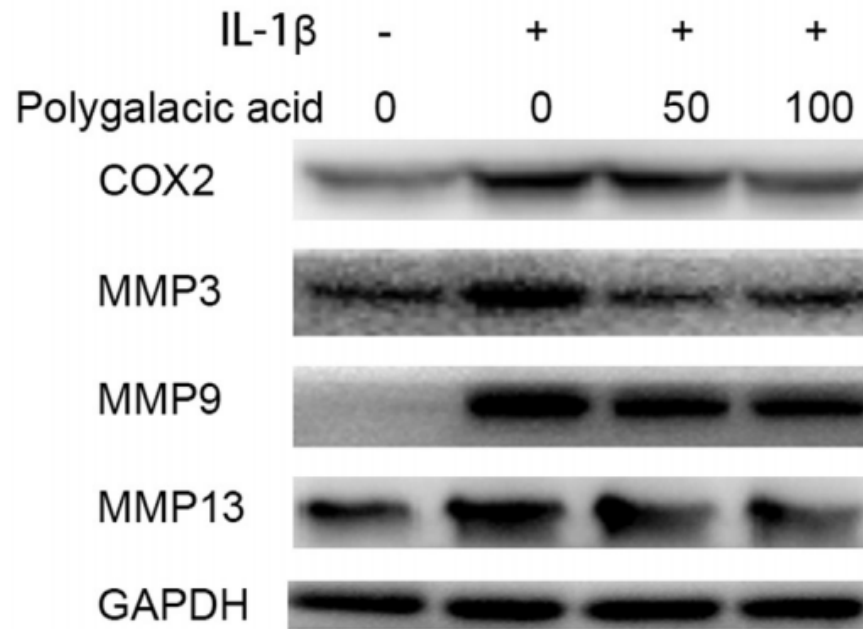
Effects of polygalacic acid on IL-1 β -induced inflammation and the expression of MMP-3, MMP-9, MMP-13, and COX-2 in chondrocytes



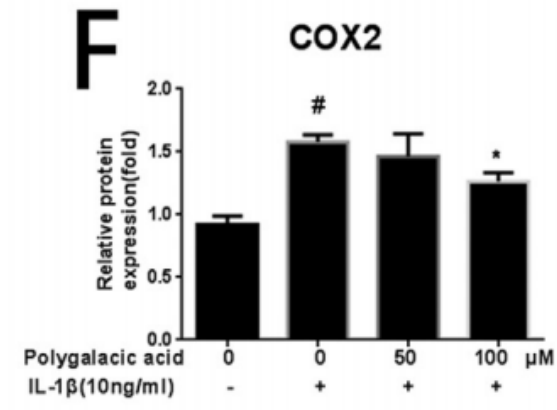
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Effects of polygalacic acid on IL-1 β -induced inflammation and the expression of MMP-3, MMP-9, MMP-13, and COX-2 in chondrocytes

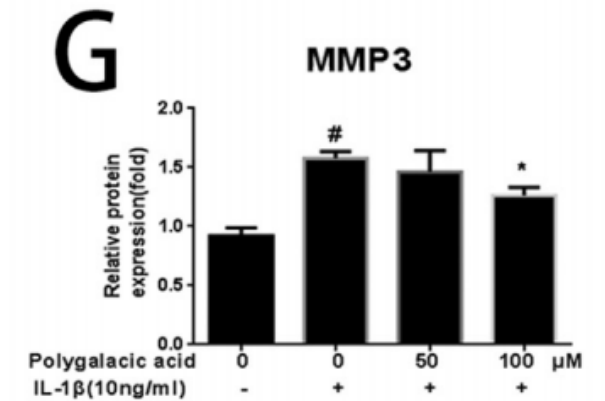
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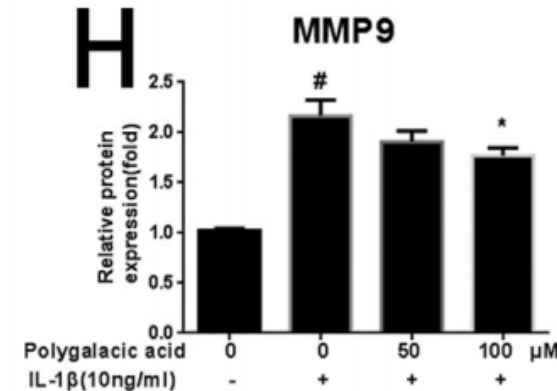
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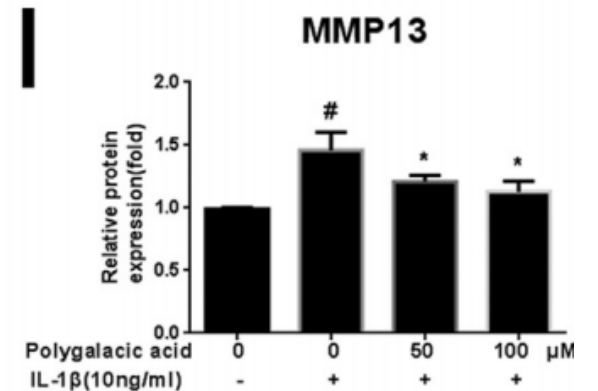
G



H



I



results

Effects of polygalacic acid on IL-1 β -induced inflammation and the expression of MMP-3, MMP-9, MMP-13, and COX-2 in chondrocytes

C



Polygalacic acid

0

0

50

100

IL-1 β (10ng/ml)

-

+

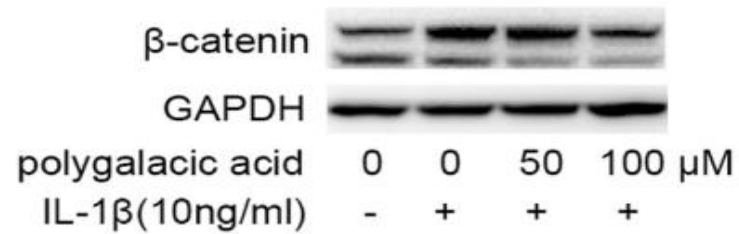
+

+

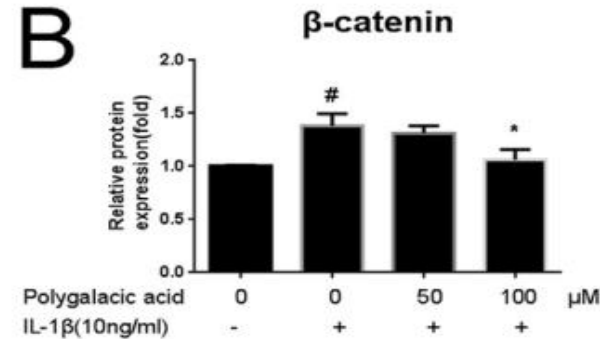
results

Effects of polygalacic acid on IL-1 β -induced Wnt/ β -catenin signaling pathway activation in chondrocytes

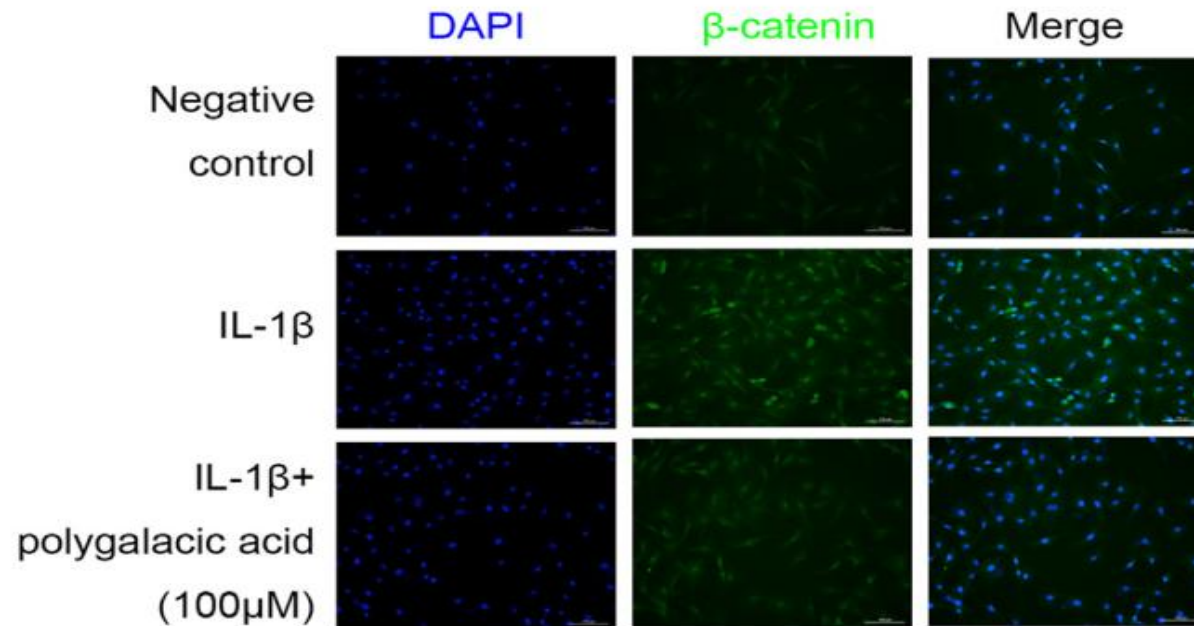
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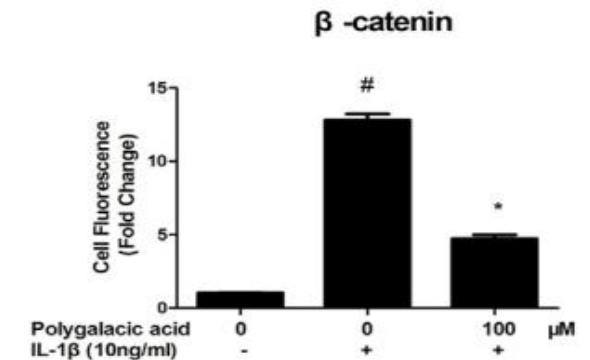
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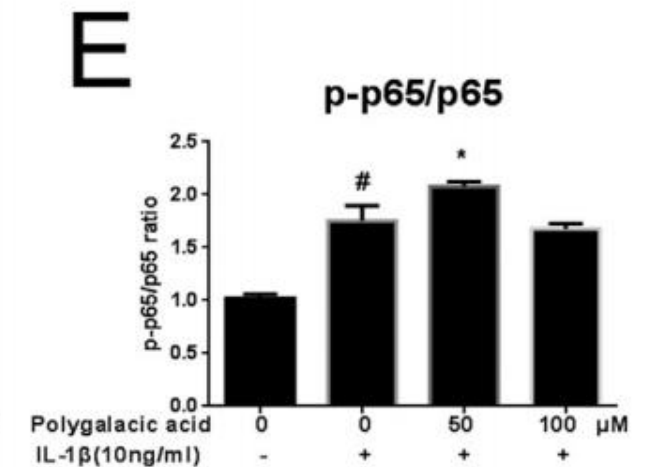
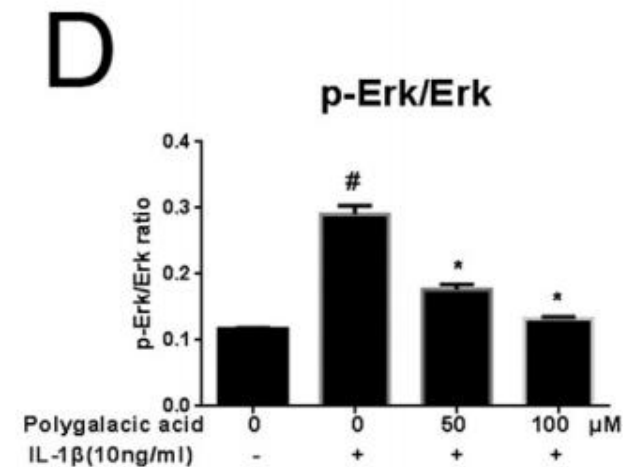
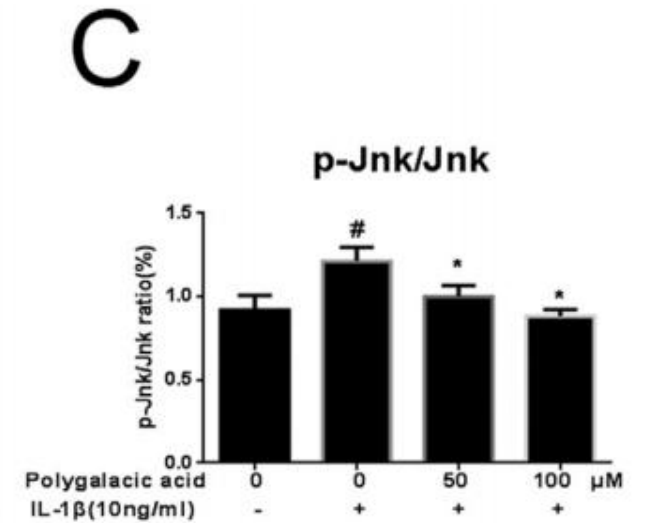
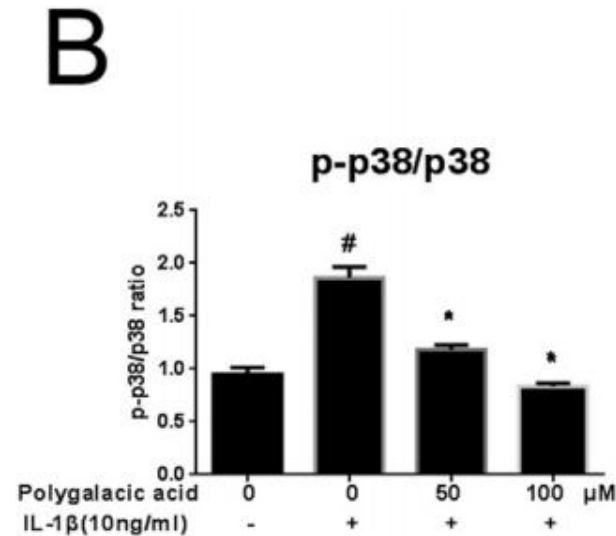
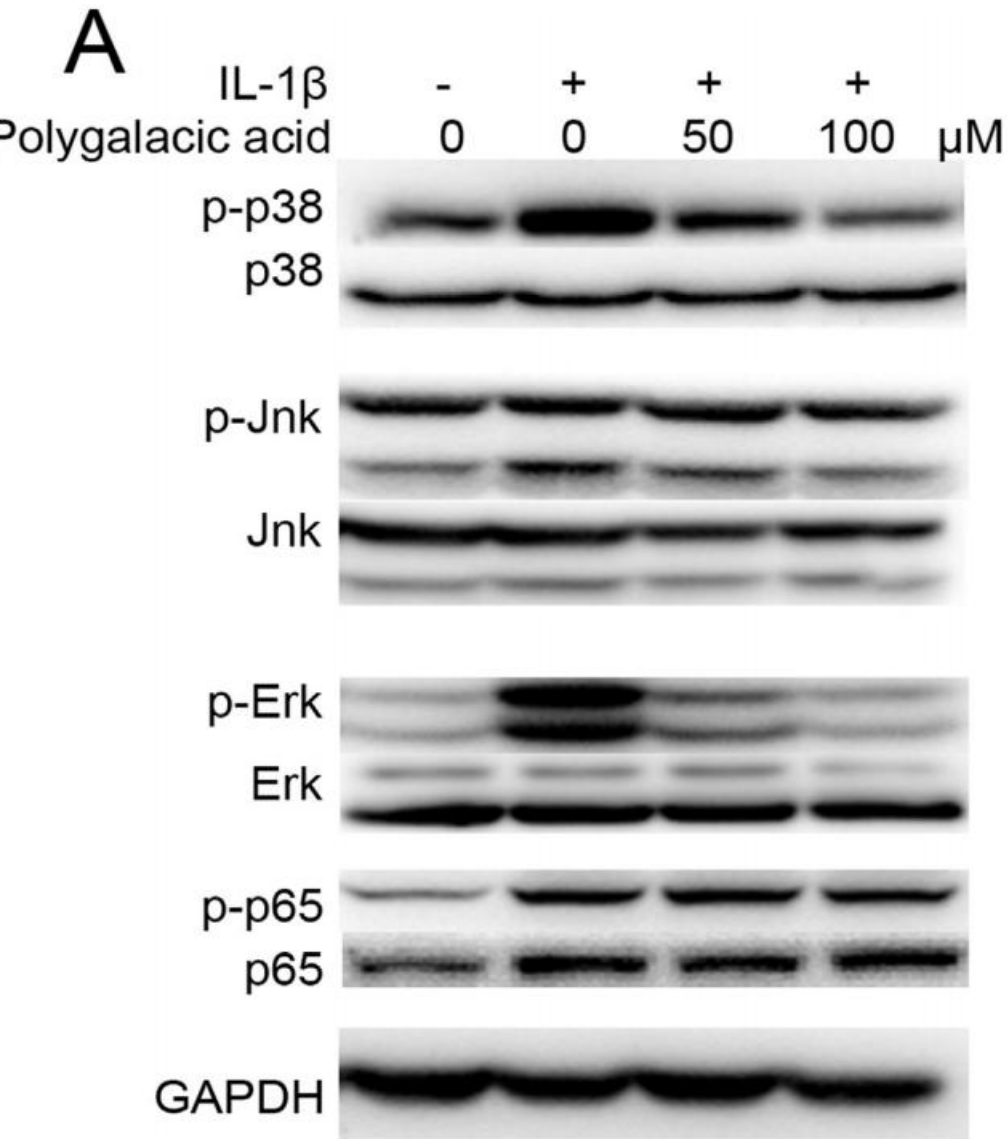


D



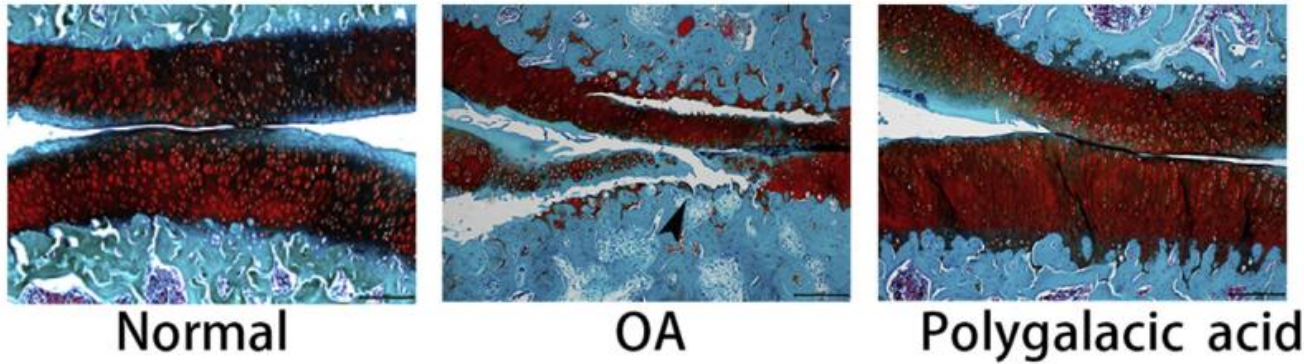
results

Effects of polygalacic acid on IL-1 β -induced mitogen-activated protein kinase (MAPK) and NF- κ B signaling pathways in chondrocytes

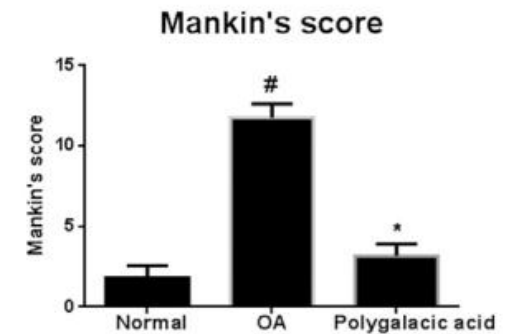


Protective effects of polygalacic acid in the rat OA model

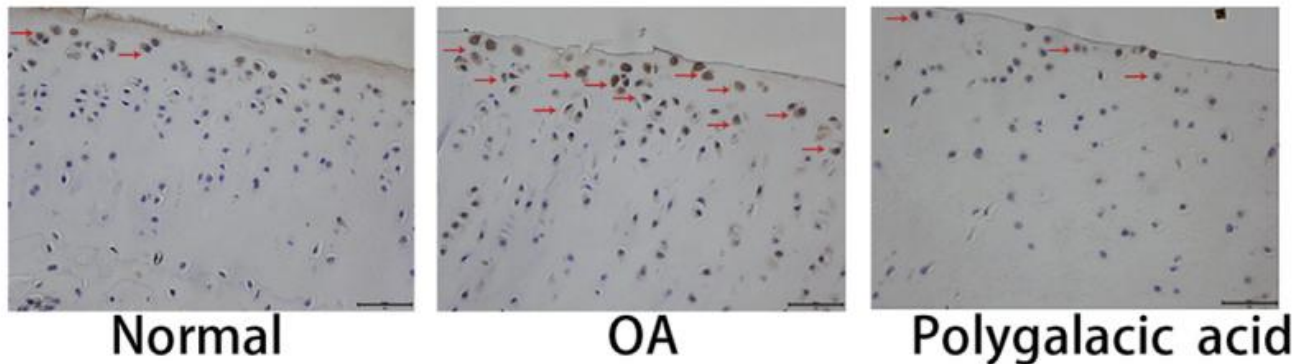
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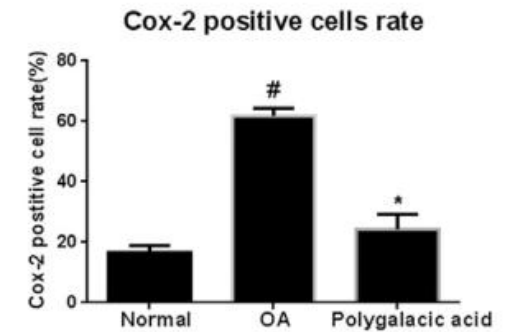
B



C



D



Protective effects of polygalacic acid in the rat OA model

I 软骨组织结构 积分	II细胞数量 积分
正常 0	正常 0
排列紊乱但层次可分 1	轻度增生 1
排列明显不规则，层次紊乱 2	中度增生 2
严重紊乱 3	重度增生 3

III AB-PAS染色 积分	IV潮线 积分
正常 0	正常 0
轻度减低 1	多层次 1
中度减低 2	模糊 2
严重减低 3 不着色 4	有血管穿过 3



Discussion

OA is a prevalent joint disease in aging population. Recent statistics showed that about 9.29% of the US population has been diagnosed with symptomatic knee OA by age 60 . Also, the overall prevalence of OA is still increasing.

Polygala tenuifolia Willd is a traditional Chinese medicine. Various studies showed that it exerted several properties, such as anti-inflammatory, neuroprotective effects, antitumor, and anti-oxidant .Polygalacic acid is a triterpene isolated from the root of *Polygala tenuifolia* Willd. Various studies demonstrated that polygalacic acid had anti-inflammatory effects.

Growing evidence indicates that MMPs participated in cartilage degradation in OA. MMPs are big family of enzymes, including MMP-1, MMP-2, MMP-3, MMP-9 and MMP-13. Among these enzymes, MMP-3, MMP-9 and MMP-13 are well known to play crucial role in OA .

Conclusions

In conclusion, this study first demonstrated that polygalacic acid inhibited MMPs expression and chondrocyte inflammation via suppression of both the Wnt/ β -catenin and MAPK signal pathways in rat chondrocytes. Animal experiments showed that polygalacic acid could be a therapeutic agent for OA treatment.

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THANK YOU!

