



# 读书报告

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● Role of autophagy in the progression of osteoarthritis: The autophagy inhibitor 3-methyladenine, aggravates the severity of experimental osteoarthritis

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## **Role of autophagy in the progression of osteoarthritis: The autophagy inhibitor, 3-methyladenine, aggravates the severity of experimental osteoarthritis**

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## abstract

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- 1、 For this purpose, a cellular model of OA was generated by stimulating SW1353 cells with interleukin (IL)-1 $\beta$  and a rabbit model of OA was also established by an intra-articular injection of collagenase, followed by treatment with the autophagy specific inhibitor, 3-methyladenine (3-MA).
- 2、 Cell viability was analyzed by MTS assay, and the mRNA expression levels of matrix metalloproteinases (MMP)-13 and tissue inhibitor of metalloproteinase (TIMP)-1 were determined by RT-qPCR. Cartilage degeneration was examined under a light microscope, and autophagosome and chondrocyte degeneration was observed by transmission electron microscopy.



## INTRODUCTION

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1、 The death of chondrocytes is a hallmark of cartilage degeneration in OA; however, the mechanisms responsible for chondrocyte death in OA-affected cartilage remain largely unknown. Autophagy plays a crucial role in maintaining cellular metabolism and homeostasis. However, excessive autophagy may lead to cell death. Autophagy is regulated by a series of autophagy-related genes (ATGs), such as Beclin-1 and light chain 3 (LC3). The expression levels of these genes are commonly used to monitor autophagic activity and flux.

2、 A variety of cytokines, growth factors and enzymes, such as interleukin (IL)-1 $\beta$  and collagenase are involved in articular cartilage degeneration. Collagenase is upregulated in OA-affected cartilage and animal models of OA have been successfully established by an intra-articular injection of collagenase.



## 1、Cell viability.

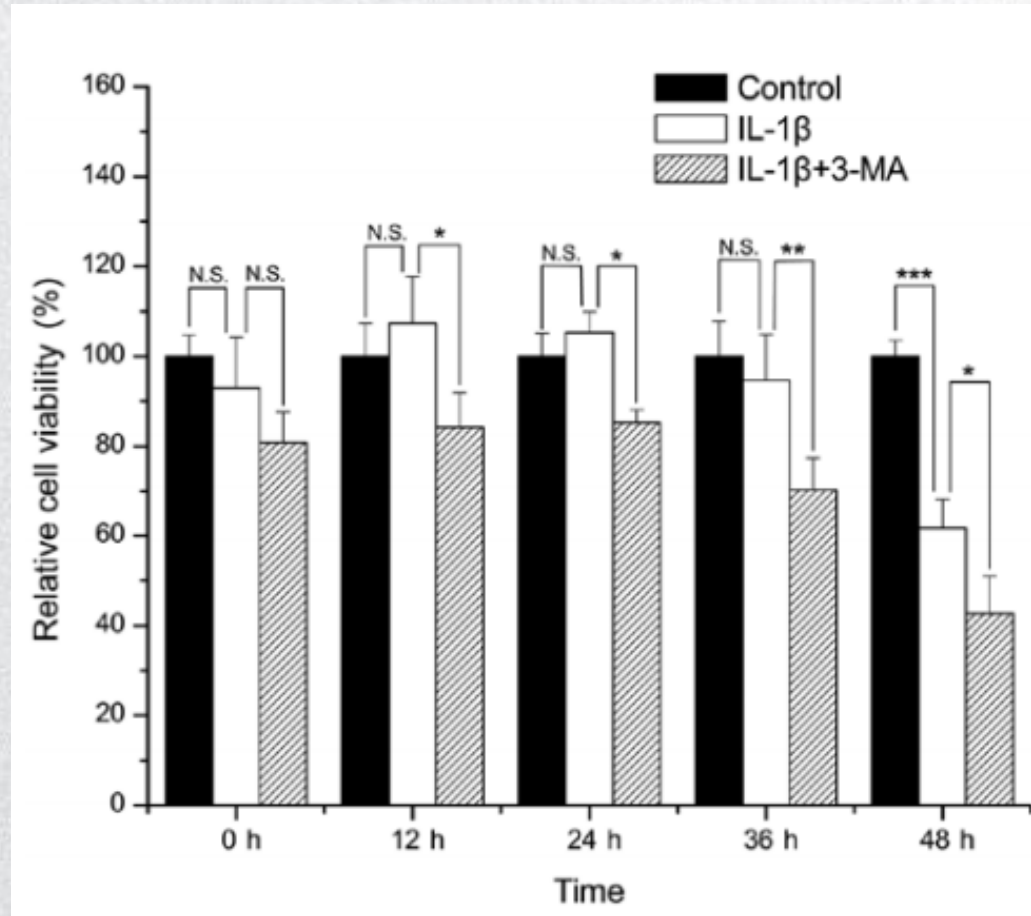


Figure 1. Comparison of the cell viability in interleukin (IL)-1 $\beta$ -stimulated SW1353 cells between the control and 3-methyladenine (3-MA)-treated cells. \*P<0.05, \*\*P<0.01, \*\*\*P<0.001. N.S., not significant.

## 2、Expression of MMP-13 and TIMP-1.

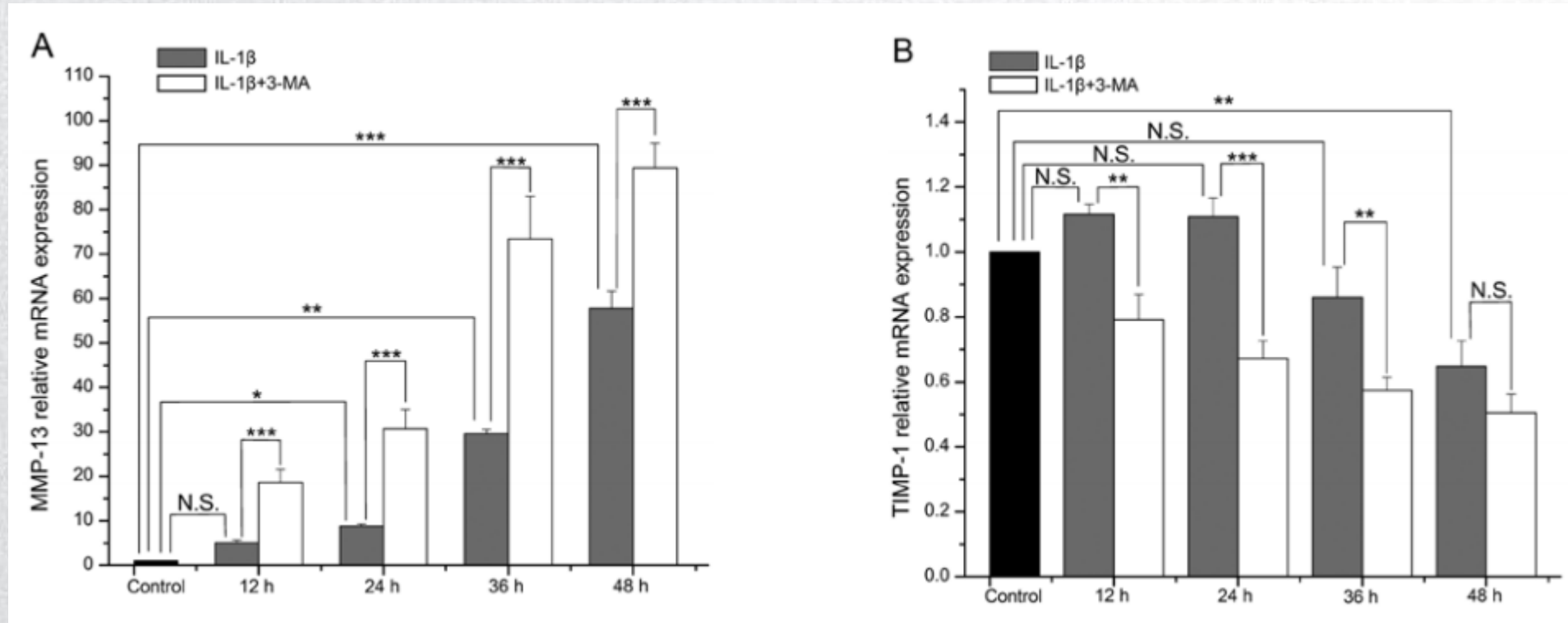
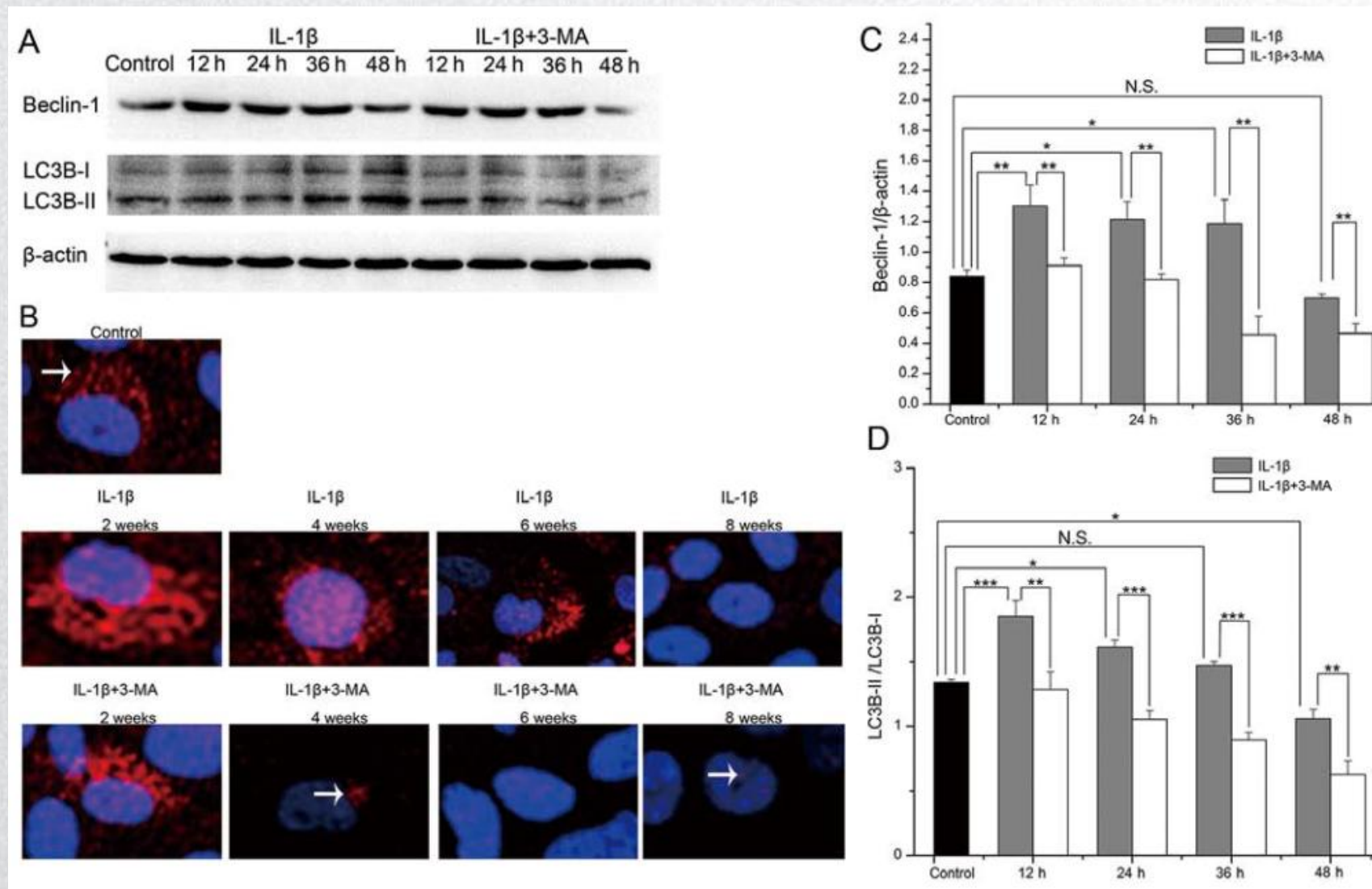


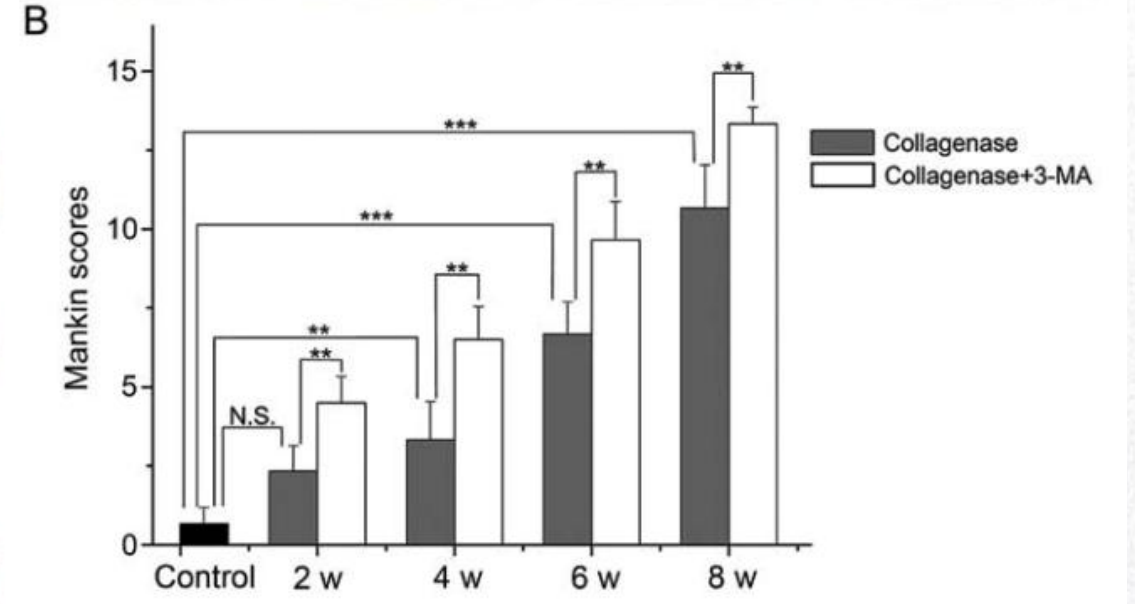
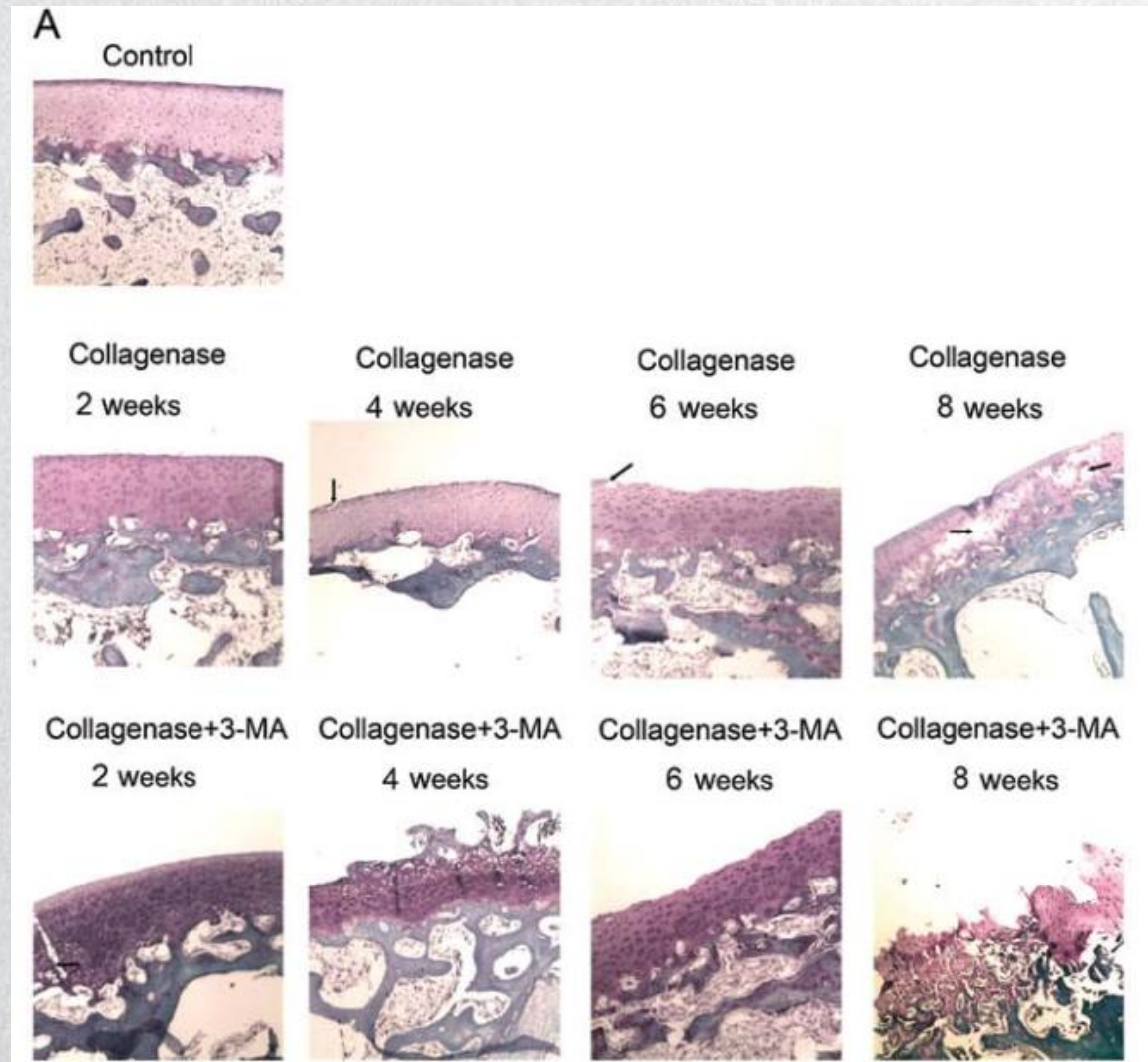
Figure 2. (A) Comparison of the mRNA expression level of matrix metalloproteinase (MMP)-13 in interleukin (IL)-1 $\beta$ -stimulated SW1353 cells between the control and 3-methyladenine (3-MA)-treated cells. (B) Comparison of the mRNA expression level of tissue inhibitor of metalloproteinase (TIMP)-1. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ . N.S., not significant.



### 3、 Expression of Beclin-1 and LC3B in IL-1 $\beta$ -stimulated SW1353 cells.

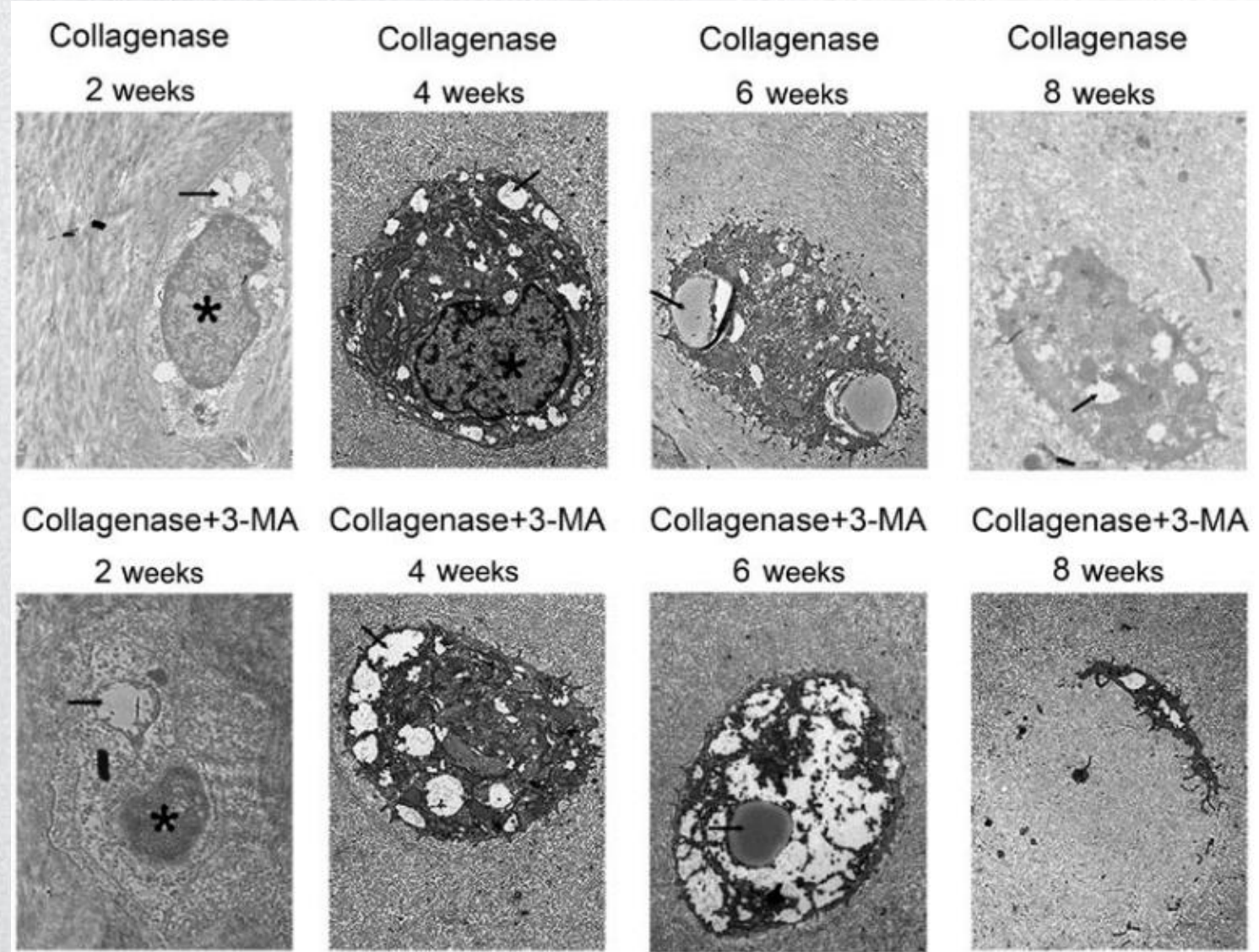
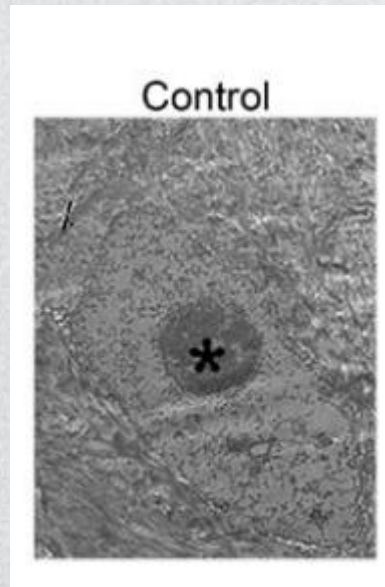


## 4、Histological evaluation.

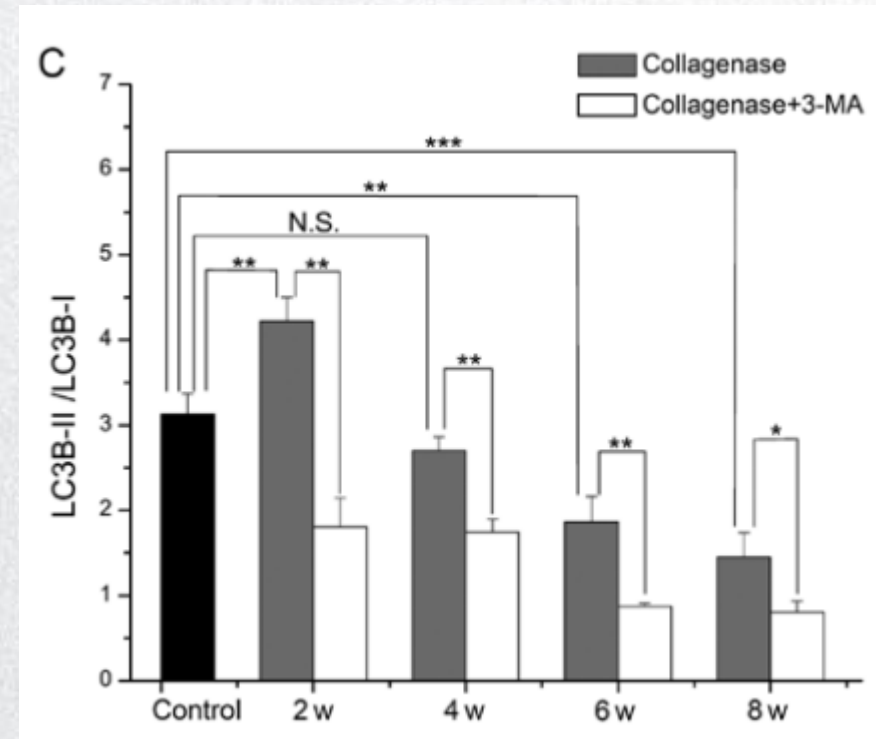
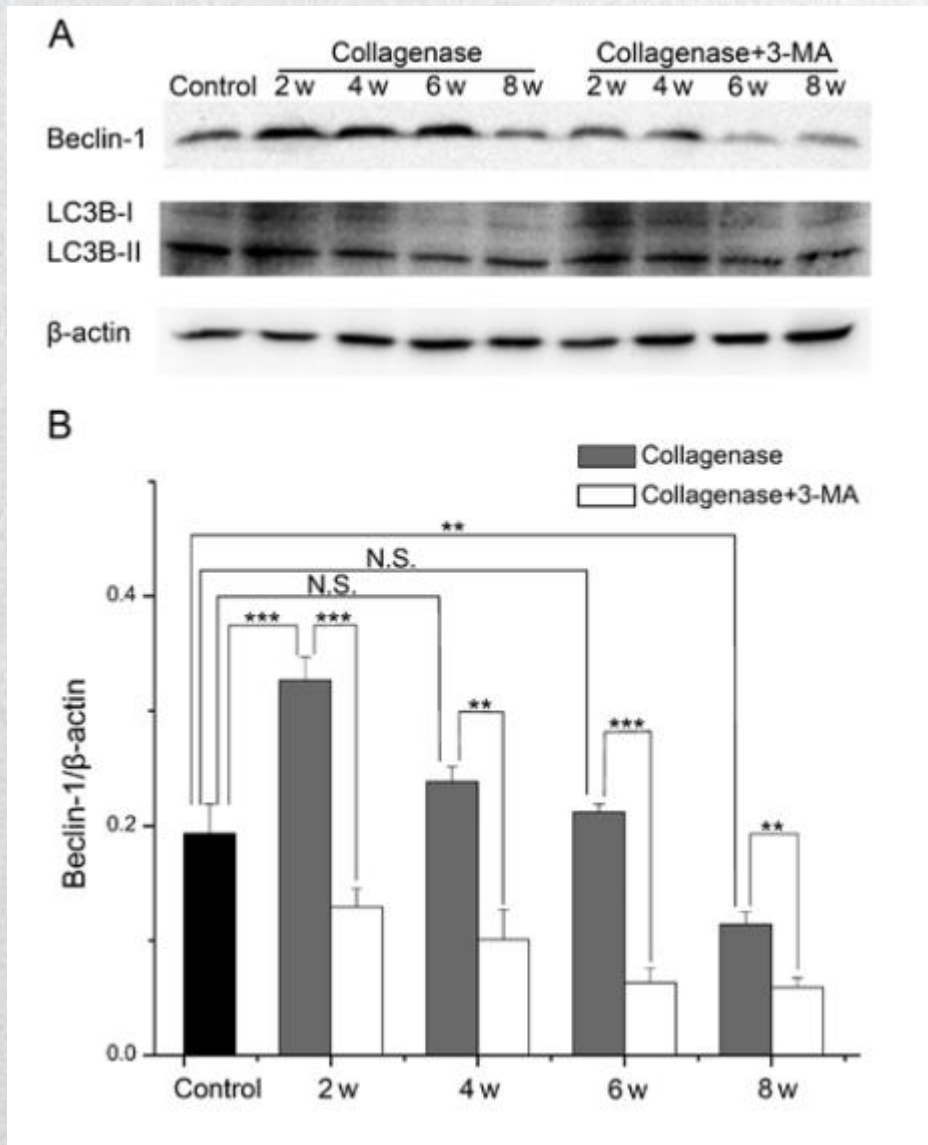




## 5. Transmission electron microscopy.



## 6、Expression of Beclin-1 and LC3B in cartilage from rabbit with OA.







## Discussion

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- 1、 IL-1 $\beta$  stimulates the expression of collagenase in chondrocytes and is often applied to produce cellular OA models for *in vitro* studies, and a number of studies have shown that SW1353 cells can take the place of human chondrocytes for research .
- 2、 Recent studies have demonstrated that autophagy is involved in certain bone and cartilage diseases, such as cervical disc degeneration, cartilage degeneration of the temporomandibular joint , degradation of Meckel's cartilage and OA . However, the results regarding changes in autophagy and the specific role of autophagy in the progression of OA are sometimes contradictory.
- 3、 Autophagy was first enhanced and then weakened in IL-1 $\beta$ -stimulated SW1353 cells and in rabbits with collagenase-induced OA degenerative cartilage. 3-MA aggravated the severity of experimental OA via the inhibition of autophagy, suggesting that the regulation of autophagy may be a potential therapeutic strategy for the treatment of OA.



THANKS

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